

Department of Health  
National Nutrition Council  
Cordillera Administrative Region

**Program** : Philippine Plan of Action for Nutrition

**Implementor** : Regional Nutrition Committee (RNC)

**General Objectives:**

1. To reduce the prevalence of severely underweight preschoolers by 10% at the end of 2011 based on local Operation Timbang (OPT).
2. To reduce the prevalence of wasted school children by 7% at the end of 2011 based on DepED Nutritional Status Report.

Objectives	Priorities/Strategies per Activity	Coverage/Target	Lead Agency	Time Frame
<b>A. PPAN PROGRAMS</b>				
<b>1. Home, School and Community Food Production</b>				
a. To increase/improve vegetable production and consumption by teaching the students on sustainable food production for food security.	1. Establishment of school gardens (Gulayan sa Paaralan)	Elementary/ Secondary Schools	DepED, DA, LGUs	July 2011- March 2012
b. To increase no. of households with adequate supply of foods rich in calories, protein, Vit. A & C and Iron.	2. Distribution of seeds/seedlings for home gardens 3. Demonstration of organic farming	Provinces/cities	DA, LGUs	1 <sup>st</sup> Quarter
c. To increase no. of families with established small animals/ fishery projects.	4. Distribution of livestock, poultry and fingerlings	Provinces	DA	Year Round
d. To increase knowledge of households in food production	5. Reproduction & distribution of agriculture IEC materials 6. Conduct of trainings on animal raising & fishery	Provinces	DA, BPI, BFAR, LGUs	Year Round
e. To enhance efficiency of logistics and food delivery	7. Establishment of Barangay Bagsakan	Selected Barangays	DA	1 <sup>st</sup> & 2 <sup>nd</sup> Quarter
<b>2. Micronutrient and Food Fortification</b>				

a. To address micronutrient Deficiencies such as Vitamin A Deficiency and Iron Deficiency Anemia.	1. <i>Garantisadong Pambata</i> (GP) tri-media campaign on radio, tv and prints	Regionwide General public	DOH-CHD, DepED, LGUs	April and October
	2. Logistics management on allocation/distribution of: a. Vitamin A capsules b. Ferrous sulfate drops c. Zinc (drops, syrup, tablet)			
	3. Assist in the micronutrient supplementation to pupils	All Elementary Schools		
b. To create awareness on fortified food products	4. Information dissemination on the products with <i>Sangkap Pinoy</i> Seal	Regionwide (Schools & households)	DOH, DepED	Year Round
<b>3. Nutrition Information, Communication and Education</b>				
a. To promote good nutrition: Adoption of desirable habits and practices on proper nutrition	1. Distribution of IEC materials a. 2011 Nutrition Calendars b. NGF Vinyl stickers c. Brochures on Complementary Feeding d. Brochures on Breastfeeding TSEK e. Bookmarks on NGF f. BNS manual/tool kit	Regionwide	NNC	Year Round
	2. Exposure of nutrition and related messages in local mass media outlets through radio & print releases	General Public	NNC, PIA	Year Round
	3. Nutrition Month Celebration a. Attendance to local celebration  b. Dissemination of DILG issuances on the conduct of NM celebration c. Issuance on regional/division/district memo on NM celebration d. Conduct of nutrition seminar e. Provision of free nutritional assessment and counseling services	As invited  Regionwide  All schools  General public	NNC, RTAN members  DILG  DepED  BSU NDAP	
b. To promote maternal and child health and nutrition	4. Conduct of trainings on Infant & Young Child Feeding and Pabasa sa Nutrisyon (Barangay PGN)	Barangay implementers	NNC, DOH	

c. To create health and nutrition awareness	5. Integration of health and nutrition concepts in the curriculum through the use of NNC-IEC materials as teaching aid	Regionwide All schools	NNC, DepED, Teachers	Year Round
	6. Conduct of Nutrition Education for Senior Citizens	Regionwide	DOH, NNC, DSWD, LGUs	
<b>4. Food Assistance</b>				
a. To mitigate hunger and improve school attendance	1. Conduct of supplemental Feeding among SC 2. Health and Nutrition assessment during the feeding 3. Deworming before and after the feeding	Selected Provinces (School Children)	DSWD, DepED, Health & Nutrition Personnel	
b. To improve the nutritional status of underweight children	4. LGUs and NGOs sponsored feeding	Provinces/Cities	BSU MNC/BNC Religious groups	
<b>5. Livelihood Assistance</b>				
a. To enable learners acquire knowledge and skills	1. Conduct of livelihood trainings 2. Provision of material support to income generating projects	General population	DA, DOST, DOLE, DepED, TESDA, LGUs	
<b>6. Nutrition in Essential Maternal and Child Health Services</b>				
a. To conduct couples classes in all barangays	1. Responsible parenting and natural family planning	Couples of reproductive age	POPCOM LGUs	Year Round
	2. Parent education learning package training for couples a. Couples trained on parenting adolescents b. Adolescents trained in life skills	Couples with adolescent children		
b. To update the regional database	3. Consolidation of Provincial/City OPT reports	Regionwide (0-5 years old)	NNC	
	4. Consolidation of School Children Nutritional Status Report	Regionwide (School children)	DepED	
<b>B. SUPPORTIVE ACTIVITIES</b>				
<b>1. Nutrition Advocacy</b>				
a. To strengthen partnership with	1. Sustained advocacy/follow-up letter/communications	Regionwide	NNC, DILG	

stakeholders	to LGUs/partners			
b. To encourage prioritization of nutrition by LGUs	2. Advocacy for the conduct of local training on NPM	PNCs	NNC	
	3. Dissemination of policies on organization/reorganization of Local Nutrition Committees	LGUs	NNC, DILG	
	4. Conduct of joint LNC and NAOs nutrition forum			
c. To advocate local implementation of BNSP	5. Advocacy for local recruitment and training of BNSs	All areas without BNSs	NNC	
	6. Conduct of BNS reorientation/training/convention/congress	Regionwide	NNC, DILG	
<b>2. Research and Development</b>				
a. To conduct nutrition related researches	1. Conduct of research & studies on vegetables production	Regionwide	BPI	
<b>3. Policy and Standard Formulation</b>				
a. To monitor implementation of RDC res. 075 series 2003	1. Monitor implementation during regular MELLPI	Regionwide	RNET	
	2. Conduct LGU visitation for sit-down conferences with LCEs and LNC members	PNCs/MNCs	NNC, RTAN	
b. To follow through over-all planning management, coordinating and evaluation of PPAN	3. Conduct of regular meetings of the ff: a. Regional Nutrition Committee (RNC) b. Regional Technical Assistants on Nutrition (RTAN) c. Regional Nutrition Evaluation Team (RNET) d. Regional Media Group	RNC members RTAN members RNET members Media Group	NNC, RNC NNC, RTAN NNC, RNET NNC, media group	
	4. Conduct of MELLPI and BNS Evaluation	Regionwide	RNET	
	5. Monitoring of LGUs activities on NM celebration	Regionwide	DILG, NNC	
<b>4. Overall Planning, Coordination, Monitoring and Surveillance</b>				
a. Monitoring and evaluation of local program implementation	1. Selection of outstanding 2010 LGU implementers 2. Selection of Regional Outstanding BNS		NNC, RNET members	

## RDC RESOLUTIONS

1. RDC ExCom Resolution No. CAR 075 Series of 2003: “RECOMMENDING TO THE LOCAL CHIEF EXECUTIVES AND THE PROVINCIAL/MUNICIPAL SANGGUNIAN TO INSTITUTIONALIZE APPROPRIATE COURSES OF ACTION TO ADDRESS MALNUTRITION IN THE REGION”
2. RDC ExCom Resolution No. CAR – 38 Series of 2006: “A RESOLUTION ENJOLINING ALL LOCAL GOVERNMENT UNITS TO STRENGTHEN THEIR LOCAL NUTRITION PROGRAMS THROUGH THEIR FUNCTIONAL NUTRITION COMMITTEES AND APPROPRIATE FUNDS THEREFOR IN SUPPORT OF THE MILLENIUM DEVELOPMENT GOALS:
3. RDC ExCom Resolution No. CAR-08 Series of 2010: “CONFIRMING THE ORGANIZATION OF THE CORDILLERA REGIONAL ANTI-HUNGER TASK FORCE CREATED IN RESPONSE TO EXECUTIVE ORDER 825 CREATING THE LOCAL ANTI-HUNGER TASK FORCE”
4. RDC ExCom Resolution No. CAR-82 Series of 2011: “ ENJOINING ALL REGIONAL LINE AGENCIES, LOCAL GOVERNMENT UNITS, STATE UNIVERSITIES AND COLLEGES AND ALL OTHER PUBLIC AND PRIVATE STAKEHOLDERS OF THE CORDILLERA ADMINISTRATIVE REGION TO IMPLEMENT REPUBLIC ACT NO. 10028 KNOWN AS THE EXPANDED BREASTFEEDING PROMOTION ACT OF 2009”